

RECOMMENDED SUPPLEMENTS



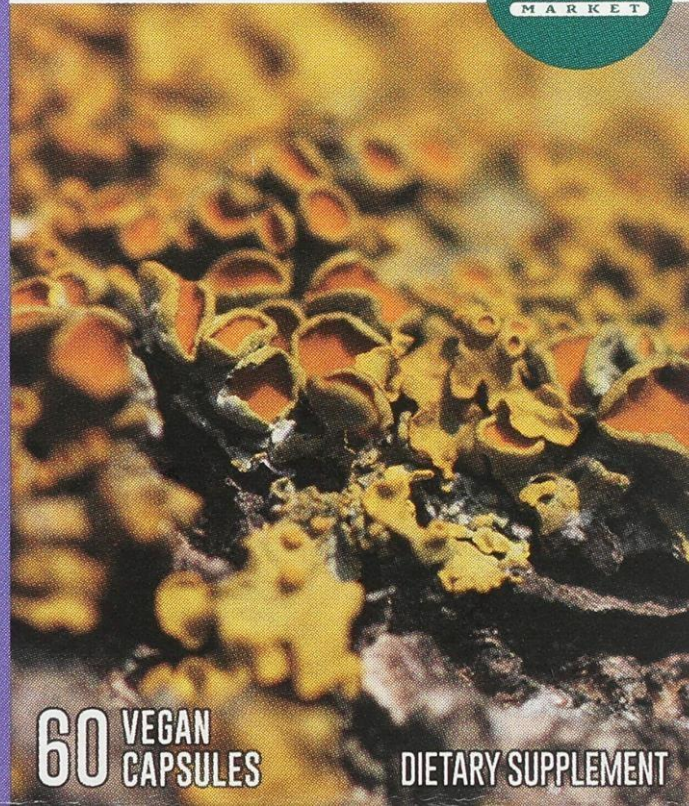
**Chew two
tablets daily.**

EVERYDAY WELLNESS

FOOD-SOURCED
VITAMIN D₃

2000 IU Food-Sourced,
Lanolin-Free Vitamin D₃

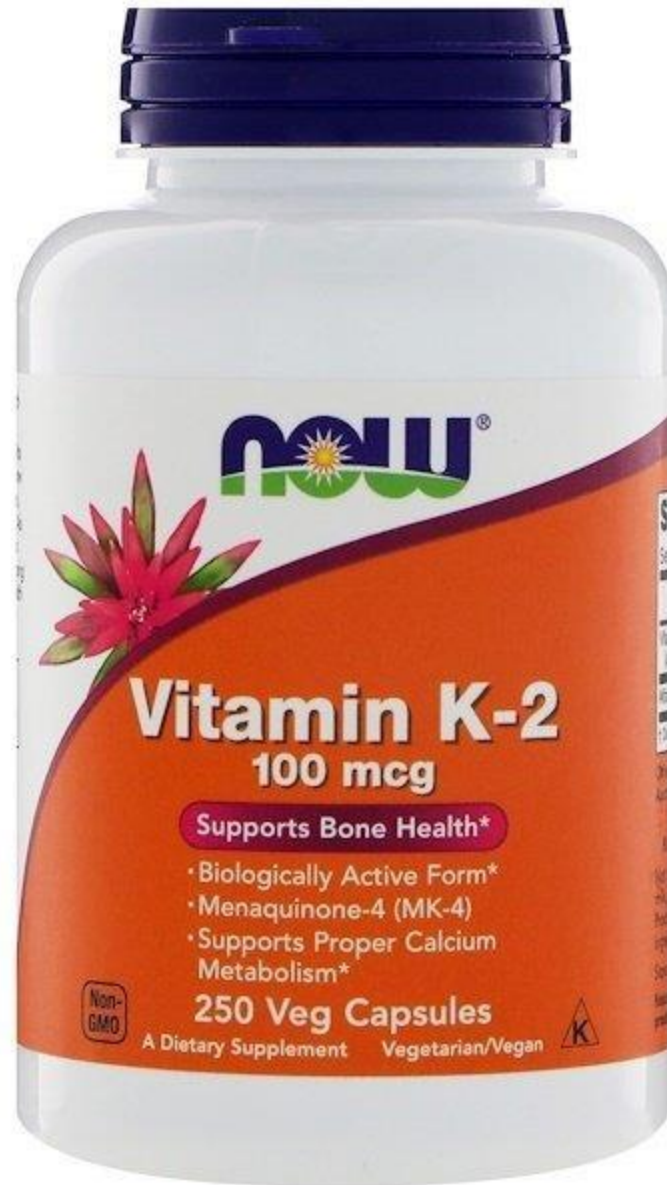
Supports the Maintenance
of Healthy, Strong Bones
& Immune Function†



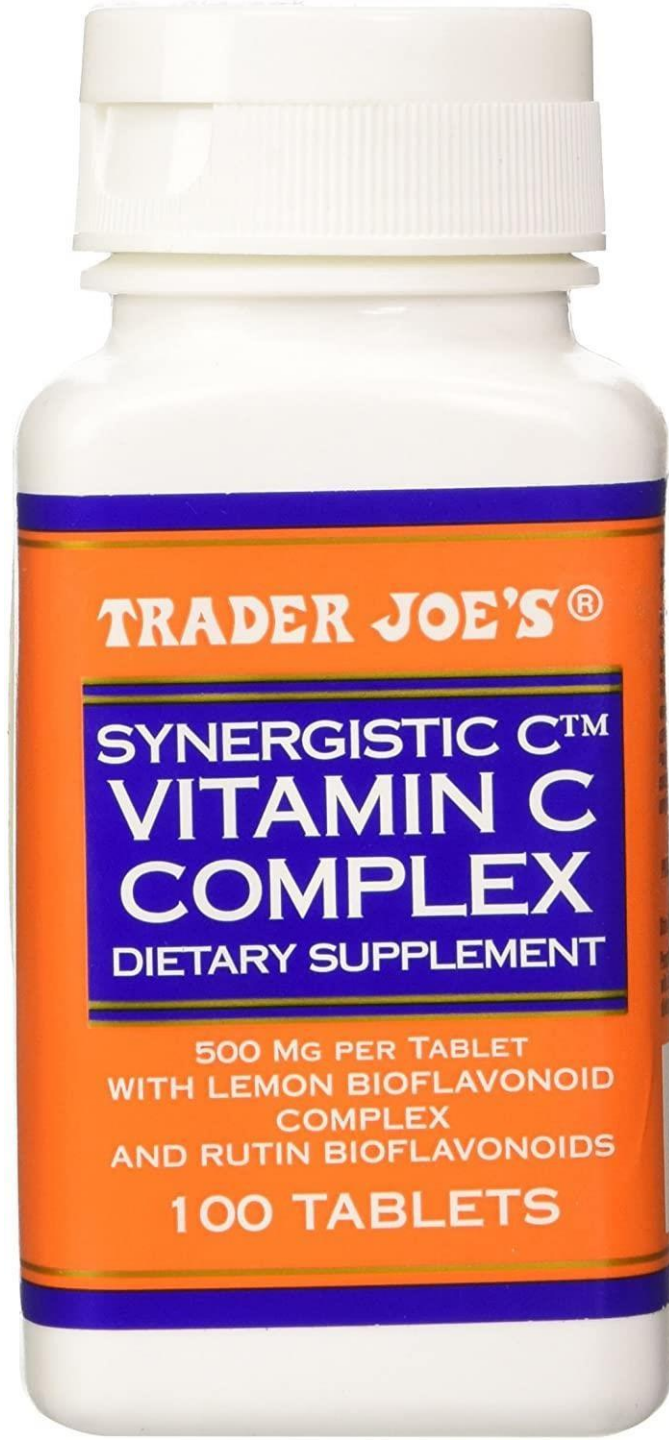
60 VEGAN
CAPSULES

DIETARY SUPPLEMENT

**Take one or
two capsules
daily with
meal.**



**Take two or
three capsules
daily with
meal.**



TRADER JOE'S®

**SYNERGISTIC C™
VITAMIN C
COMPLEX**
DIETARY SUPPLEMENT

500 MG PER TABLET
WITH LEMON BIOFLAVONOID
COMPLEX
AND RUTIN BIOFLAVONOIDS

100 TABLETS

**Take one or
two tablets
daily.**